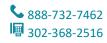


#### **PYRAMID EDUCATIONAL CONSULTANTS**

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# Lesson: Easy No-Cook Playdough

## Materials/Ingredients:

- Large mixing bowl
- Measuring spoons
- Measuring cups
- Wooden board for kneading
- Flour

- Warm water
- Salt
- Vegetable Oil
- Food coloring
- Optional: essential oils, spices, glitter

### **Directions:**

### Preparation and use:

Step 1.	Pour 1/4 cup of warm water in mixing bowl
Step 2.	Add 4-5 drops of food coloring of your choice
Step 3.	Add 1 cup of flour to water
Step 4.	Add 2 Tablespoons of salt
Step 5.	Add 1 Tablespoon of vegetable oil
Step 6.	Optional: add essential oil, spices and/or glitter
Step 7.	Add a sprinkle of flour to board and knead the dough until smooth
Step 8.	Store playdough in plastic bag in your refrigerator

#### **Possible Lesson Targets:** Requesting **Following Directions** Possible Skills to Teach Commenting Get the \_\_\_\_. Waiting (especially if you Bowl This is fun! are making with more Measuring cups It feels smooth Put in than one learner) Stir Measuring I see\_\_\_\_. Increased time on task\*\* spoons It is a \_\_\_\_. Pour and engagement with materials I like \_\_\_\_. Flour Knead Water I don't like \_\_\_\_. Following a visual recipe Food coloring I smell\_\_\_\_ Responding yes/no (by specific (when choosing colors) color) My turn Asking for help Action with dough Pour Stir



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# **Supplemental Activities:**

- Get out all your playdough tools such as rolling pin, cookie cutters, knife etc. and start creating.
- Students who are in Phase 4 can request items using a sentence.
- Students who are in Phase 4 and Attributes can request using descriptive vocabulary such as, "I want green cookie cutter" or "I want green fish cookie cutter" or "I want big blue bunny cookie cutter".
- Students who are in Phase 6 -Commenting can use what they like and what their playdough animals are doing such as "I like fish" or "My fish is swimming".
- Many pretend play opportunities such as having a tea party, making cookies, making a cake etc.

Have fun!!!!